



Formative Assessment: Financial Identity Evolution

Short Written Task

How has your financial identity evolved?

This exercise invites you to reflect on your financial journey from early adulthood to the present. By writing about your experiences, you can recognise patterns, pivotal moments, and shifts in your beliefs or behaviours.

Instructions

1. Take **10–15 minutes of quiet writing time**.
2. Reflect on the guiding questions below.
3. Summarise your key insights in a short paragraph (150–200 words).

Write freely and honestly—this is about understanding your growth.

Guided Reflection Questions

Changing Attitudes

How have my attitudes toward money changed over time?

Influential Experiences

Which experiences or events shaped my financial confidence?

Values & Choices

How do my values influence the choices I make today?

 Growth & Empowerment

In what areas do I feel more capable or empowered than before?

 Final Response (150–200 words)

How has your financial identity evolved?

Bring your reflections together into a clear, thoughtful paragraph that highlights your growth, key experiences, and current mindset.

 Self-Reflection Check

- ☐ I identified changes in my attitudes toward money
- ☐ I included key experiences that shaped my financial confidence
- ☐ I connected my values to my financial decisions
- ☐ I described areas of growth or increased confidence
- ☐ My final paragraph clearly summarises my insights

 *Reminder: Your financial identity is shaped over time, this reflection helps you see how far you've come.*